# What’s Bothering You?

Take some time to reflect on something you have seen in your life or community that has troubled you - something you think can be “fixed”.

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| What bothers me? | Why does this bother me? | What might fix it or make it better? |
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# Design for Change Worksheet

Fill out the chart below and use the scoring guide to rate each action idea.

4. Very promising

3. Good idea

2. Needs some work

1. We could do better

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| Action idea | Why is this important? | Timeframe | Benefits | Cost | Originality | Score |
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# Be the Change Worksheet

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| What do you want to feel when you are done? What do you want others to feel? |
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| What do you imagine your plan will do- what impact will you create? |
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| How will you know you were successful? (list any milestones, benchmarks, goals) |
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# PIGS Face

**The best working groups**

* **Get the job done**
* **Are satisfied with the quality of their work**
* **Celebrate the contribution of all members of their group**

**Positive Interdependence** - We are linked to the other members of our   
group and our success depends on EVERY member being successful.  
  
**Individual Accountability** - We are all accountable to the group- one   
person cannot rely on others to do all the work.

**Group Process** - We will work together, listen to each other, and help/seek help, in order to be effective as a group.

**Social Skills** - We will aim to develop our leadership, trust-building, respect, communication, and conflict resolution skills.

**Face-to-Face Interaction** - We will talk to, support and encourage one another to help achieve our goals.

Each of us has the responsibility and the right to be a Thinker, Supporter and Questioner:

***Questioner*** - listens carefully and question each other’s ideas saying things like:

* “Why is that true?”
* “Do we have an example?”
* “Does that work in every situation?”
* “Have we made any assumptions?”

***Supporter*** - keeps ideas flowing and supports other members by saying things like:

* “That’s a good idea!”
* “That’s a new perspective..”
* “That’s a good connection.”

***Thinker*** *-* generates new ideas by saying things like:

* “What if we try…”,
* “I think I know where we can find that answer…”
* “I read about that, and it said…”

***Thinker****-* generates new ideas by saying

**Possible committees to get the job done (brainstorm possible tasks and responsibilities under each heading):**

* **Outreach:** Research and connect with organizations/experts/community leaders
* **Research:** Research and share laws and guidelines related to project
* **Editors:** Assure quality of all written material
* **Materials:** Assure necessary materials and supplies are collected and ready for action day
* **Marketing:** Manage communications and sharing with public
* **Administration and HR:** Track timeline for project and manage calendar- keep group on time, record/ journal process for reflections and celebrations

# Action Committee Contract

**Name of Project**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

We, the undersigned, commit our collective strength and energy to **Being the Change**.

We are committed:

* To listen carefully and communicate respectfully with one another
* To contribute, ask for, and give help when needed
* To seek to come to an agreement, whenever possible rather than go by majority rule
* To be and help others to be a *Thinker, a Supporter*, and a *Questioner*

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| Name / Signature | Job Title | Responsibilities |
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# Be the Change – Timeline

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| √ | Action Item | Completed |
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# Be the Change – Communication Script

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| Write a script for letter or phone communication or a plan for poster or flyer: |
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# Committee Spring Board – Idea Generator!

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| * Need Finding (Determine need and brainstorm ways to address it) |
| * What are some challenges you see/experienced that can be fixed? * Why these challenges do exists? * Where is the challenge e.g., home, school? * What work is already being done? (find organizations or centers) * Who are the experts and how can you reach them? (Name/contact info, may |

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| Research (Online and offline e.g., in person/phone interviews) |
| * What obstacles are in your way? e.g., a law or lack of legislation, an opposing group, apathy, resources * How effective is the current way of doing things? * Track challenges, possible solutions |

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| Communicating / Timeline (Mapping and scope) |
| * How will you make people aware about your project e.g., marketing? * What is your timeline? (use a calendar to map out your plan) * Track emails/ phone numbers, actions, follow ups, and activities |

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| Materials |
| * What materials and resources do we need? e.g., access to space or organizations * How will we get them? * Track materials, schedule time, special permission required |

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| Administration / HR |
| * How will we define success? * What tools will we use to keep all groups on track to meet established deadlines? * How will we learn from our mistakes? * Track timelines and prepare strategy documents for teams to follow |

# Action Steps Worksheet

List necessary Action Steps including:

* Action Teams e.g., research, marketing, outreach
* Timelines
* Locations
* Resources e.g., goods, written materials, connections to industry leaders
* Reflection Process
* Defining Measures of Success

“DO” it!

* Share your project with parents / teachers and other students in the school.
* Share your project with Design for Change <http://www.designforchange.us>
* Share your project with local news media on and offline
* Fill out the submission form and submit project

# Be the Change – Reflection

Think about the work you have done over the past weeks to create postive change in your community. Give full consideration to the skills, values, and strengths required to create, plan and complete this project. Dig deep and respond fully and honestly to the questions below.

**Name** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| When you first decided to do the project, how did you feel about it? |
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| How did you feel when you were done? |
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| What did you need from others to make the project work and how did you get it? |
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| What did you need from yourself and how did you uncover it? |
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| Were you or were you not successful? Explain. |
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| What evidence do you have to know whether or not you were successful? |
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| Name some of the major strengths of your project. |
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| Name some of the weaknesses. |
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On a separate piece of binder paper, choose to answer one or all of the following:

1. How can you connect your “change project” with the change makers you learned about?

(For example, Martin Luther King, Mahatma Gandhi, Adora Svitak, Ruby Bridges, etc.)

1. Give an example of one heroic or admirable act that you witnessed by one or more of you project partners.